



"Loyal To The Soil"

Follow The way, It's So Simple...



The BuildASoil Way New Container Setup

If Using Smaller Containers, Please Keep Plant Size Smaller and/or use the Supplemental Feeding Schedule. Water Only Grow Style Relies on Larger Soil Volumes

Initial Moisture Squeeze Test: Ideally your living soil recipe will be moist enough to hold shape when squeezed firmly in your fist and released, but not so wet as to drip

Living Soil Is Very Dependent On Proper Moisture Levels. See Our Watering Guide or Invest in Automatic Watering Devices such as: Earthbox, Autopots, Ecowitts or Blumat

We Recommend Using 10 Gallon Minimum For This Style. Ideally 15 Gallon Living Soil Containers or Larger

What To Use:	BuildASoil Product:	Home Made	Instructions	Purpose
Living Organic Soil Recipe	3.0 Recipe	See Tutorial	Fill container leaving a few inches of room. See Squeeze Test Below	Compost, Pumice, Peatmoss and Rock Dusts: Living Soil is designed for life
All Purpose Soil Amendment	Craft Blend	See Complete Organic Fertilizer Recipe	1/4 Cup Per Plant*	Establishes higher fertility in mulch layer, mimicing nature, establishing feeder roots
Bokashi	Kashi Blend	See DIY Bokashi Recipe	1/8 Cup Per Plant*	Adds Lactobacillus carried by bran to kick start mulch layer with decomposition
Sprouted Seed Flour	Gnarly Barley	Any Variety Sprouted Organic Seeds	1/8 Cup Per Plant*	Seed meal nutrition with powerhouse of enzymes to feed soil life
Compost or Vermicompost	BuildAFlower or Cowoco	Good Local Compost Through Worm Bin	1/4" - 1/2" Layer: lightly mix in to the top 2" for good contact with soil	Mixed with previous 2 ingredients in mulch layer to prevent caking and stimulate nutrients
Cover Crop	12 Seed Clover Crop Blend	Diverse Blend of Your Favorite Cover Crop	Sprinkle evenly across surface	Will grow using light to send exudates into soil. Chop and drop delivers greens to mulch
Mulch Layer	Organic Straw	Any high carbon material: Straw, Bark, Hulls	Thin layer so cover crop grows	Protect soil surface allowing worms to feed up top and high carbon perfect for cover crop.
Worms	Red Wigglers	Local worms, look for composting types	5-20 worms per container or just use COWOCO castings.	Red wigglers cruise the mulch layer, mixing nutrients, and making more available
Fungus Gnat Control	WDG3000	BTI Mosquito Dunks, Sticky Traps	1 Tsp per gallon along with Rootwise and Wetting agent.	WDG3000 is the go to for high potency BTI preventing gnats in high compost recipes
Mycorrhizae and Biology	Rootwise Mycrobe Complete	Outside USA? Use a reputable myco product	1/2 Tsp Per Gallon	Rootwise is the go to. It replaces several common products in a balanced offering we trust.
Wetting Agent	Quillaja 60, 20 or ThermX70	Aloe Vera filet, Soapnut water, Quillaja Bark	1/16 - 1/8 Tsp Per Gallon	Wetting agents help distribute the moisture evenly in Living Soil recipes

*Tips: Topdressing is not exact. The idea is to sprinkle some in the mulch layer keeping a constant flow of new material that will keep your soil balanced without overdoing it. This means that many plants in a large bed might be less than the "per plant" recommendations. Use your gut and know that less is more, you can always add more later, or supplement the watering. Consider that it only takes 2.5lbs of ingredient to equal 1 Ton Per acre of amendment.



**Fermented
Plant Extracts**

